

## Biography of Lieutenant Colonel Brenda D. Bustillos

U.S. Army Training & Doctrine Command Dietitian and Action Officer for the Army's Holistic Health & Fitness System

Lieutenant Colonel Brenda D. Bustillos was born in Fort Worth, TX, graduated with a Bachelor of Science in Nutrition and Food Science at Texas State University in 2002. She continued her education at Texas A&M University and earned a Master of Science in Human Nutrition in 2006, while simultaneously completing an accredited Dietetic Internship and thus, became a Registered and Licensed Dietitian. After working briefly as a Geriatric Dietitian and Research Assistant, Lieutenant Colonel Bustillos was commissioned as an Army Medical Department (AMEDD) Officer in 2007. She attended the AMEDD Officer Basic Course at Fort Sam Houston, TX. Upon completion of training, she was assigned to Reynolds Army Community Hospital, Fort Sill, OK.



While at Fort Sill, then First Lieutenant Bustillos served as Chief of the Outpatient Nutrition Clinic. Less than a year later, First Lieutenant Bustillos was promoted to Captain and took over as Chief of the Nutrition Care Division.

In 2008, Captain Bustillos became the Chief of the Nutrition Care Division at General Leonard Wood Army Community Hospital. In 2011, Captain Bustillos attended the AMEDD Captain's Career Course, where her battle analysis paper on the *Battle of Wilson's Creek* was selected as the top paper of her class. Additionally, she was champion of her co-ed weight class in an installation Army Combatives tournament.

In 2012, Captain Bustillos was selected for the AMEDD's Long-Term Health Education and Training program and began her doctoral studies in the fall of 2012. While a student at Texas A&M University for the second time, she was selected and promoted to Major. In 2015, she earned her Doctoral Degree in Public Health from Texas A&M University Health Science Center, completing her academic career with a 3.97 grade point average. Major Bustillos began her post-doctoral utilization tour at Brooke Army Medical Center (BAMC), Fort Sam Houston, TX, as the Chief of Education & Research and Assistant Professor for the U.S. Army-Baylor Graduate Program in Nutrition. While assigned to BAMC, Lieutenant Colonel Bustillos attended the U. S. Army Command & General Staff College in residence at Fort Belvoir, VA, graduating in April 2017.

Lieutenant Colonel Bustillos is currently stationed at Fort Eustis, VA, as the U.S. Army Training and Doctrine Command Dietitian and an Action Officer for the Army's Holistic Health & Fitness (H2F) System. She is assigned to the Center for Initial Military Training in the Research and Analysis Directorate, the Army's lead for the development and implementation of the Holistic Health and Fitness System (H2F) and the Army Combat Fitness Test (ACFT).

Aside of her professional obligations, Brenda enjoys life with her husband of seven years, Mr. Casey Clark of Camdenton, MO. She also enjoys competitive cooking and baking, supporting community hunger initiatives, and is an avid cyclist and youth mountain bike coach.